



Laws for *Teaching Eagles to Soars*

By Ronald E. Johnson, Ph.D.

www.pacworks.com

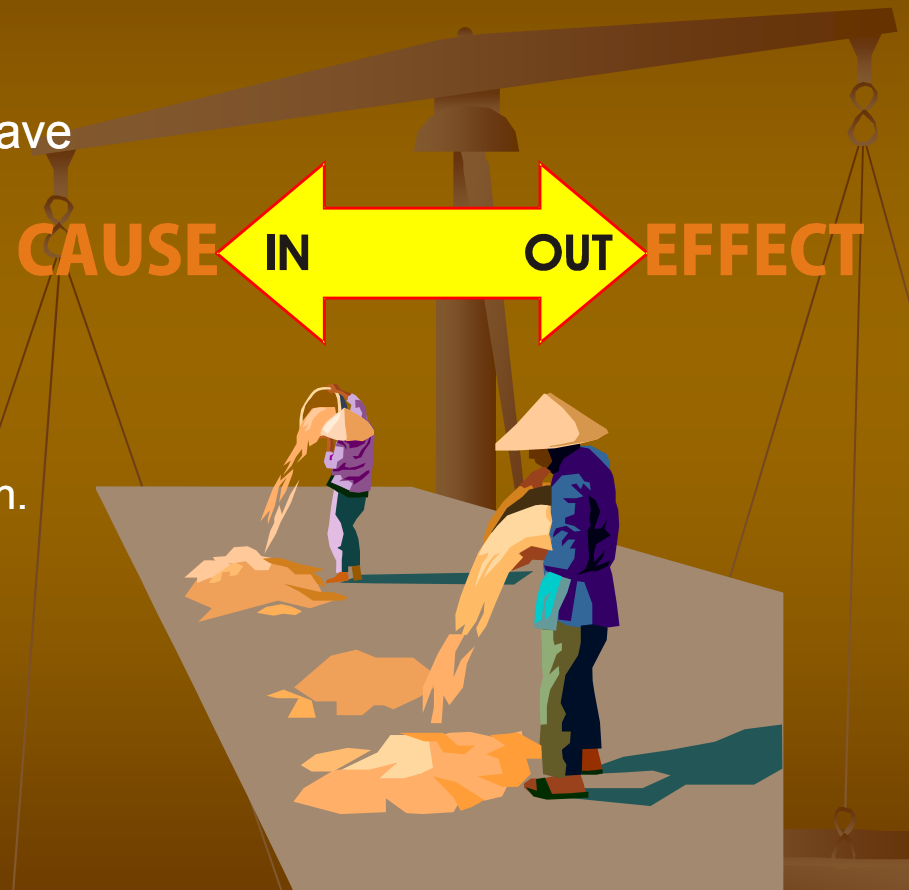
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Introduction

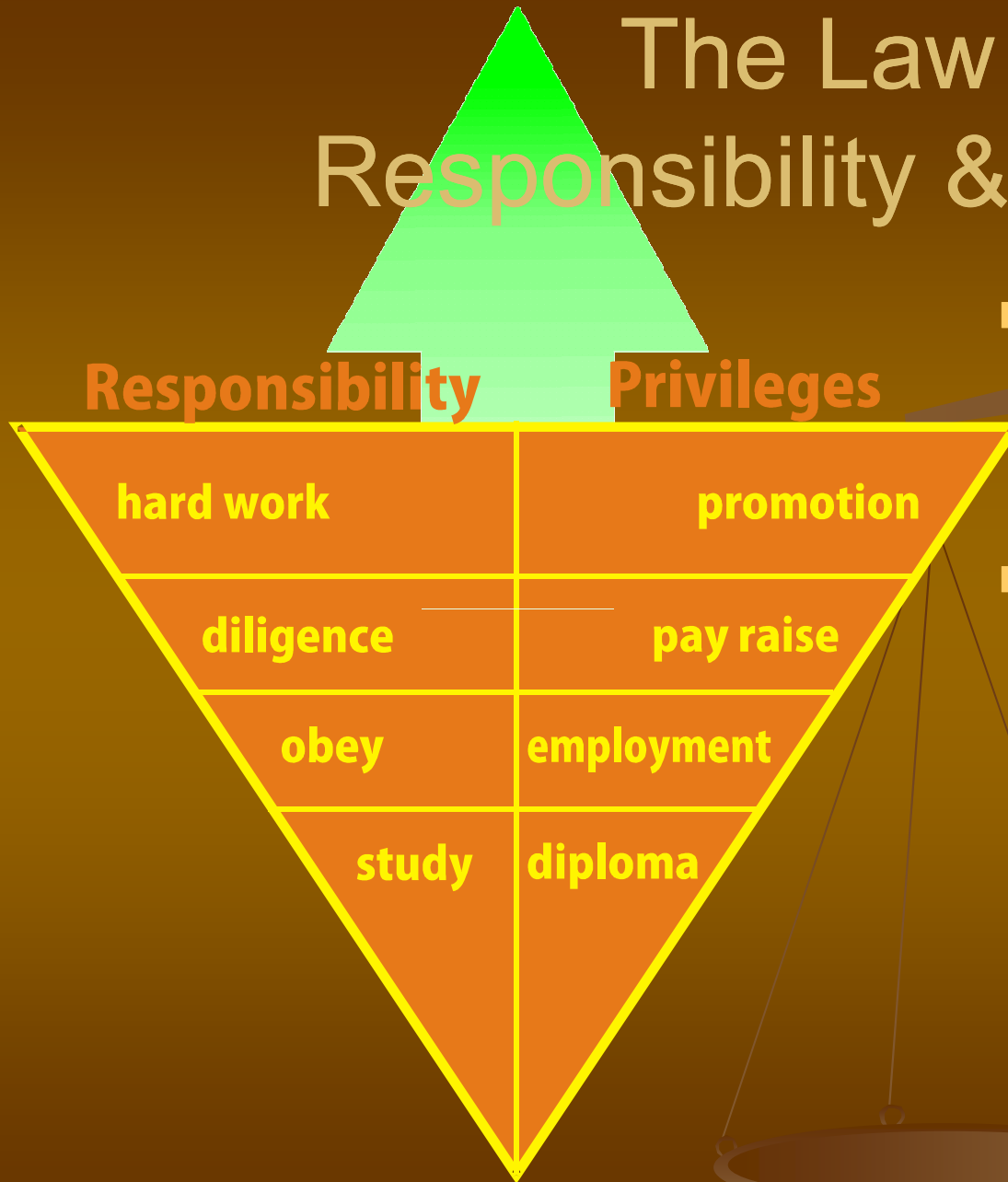
- Certain universal laws are operative regarding maintenance of civilized societies.
 - Crime and violence escalate or diminish as people groups (gangs, families, clans, tribes) practice the following basic laws and precepts.
 - Effective recovery from/prevention of symptoms (negative life choices) can be experienced by teens who are taught to practice these laws.
 - Recovery requires focus on root issues rather than symptoms. (*Help*—not just *handle*)

The Law of Cause & Effect

- Every act produces a similar effect or consequence.
 - We reap what we sow.
 - Do unto others as you would have them do unto you.
 - Kindness begets kindness.
 - Forgiveness encourages forgiveness.
 - Anger produces angry responses.
Vengeance leads to retaliation.
Abusive acts earn abuse.
 - Honesty generates honest treatment.
 - The greater force (cause) determines effect (direction)
 - Intake equals output.
 - Pain affects judgment.
 - People have false sense of immunity



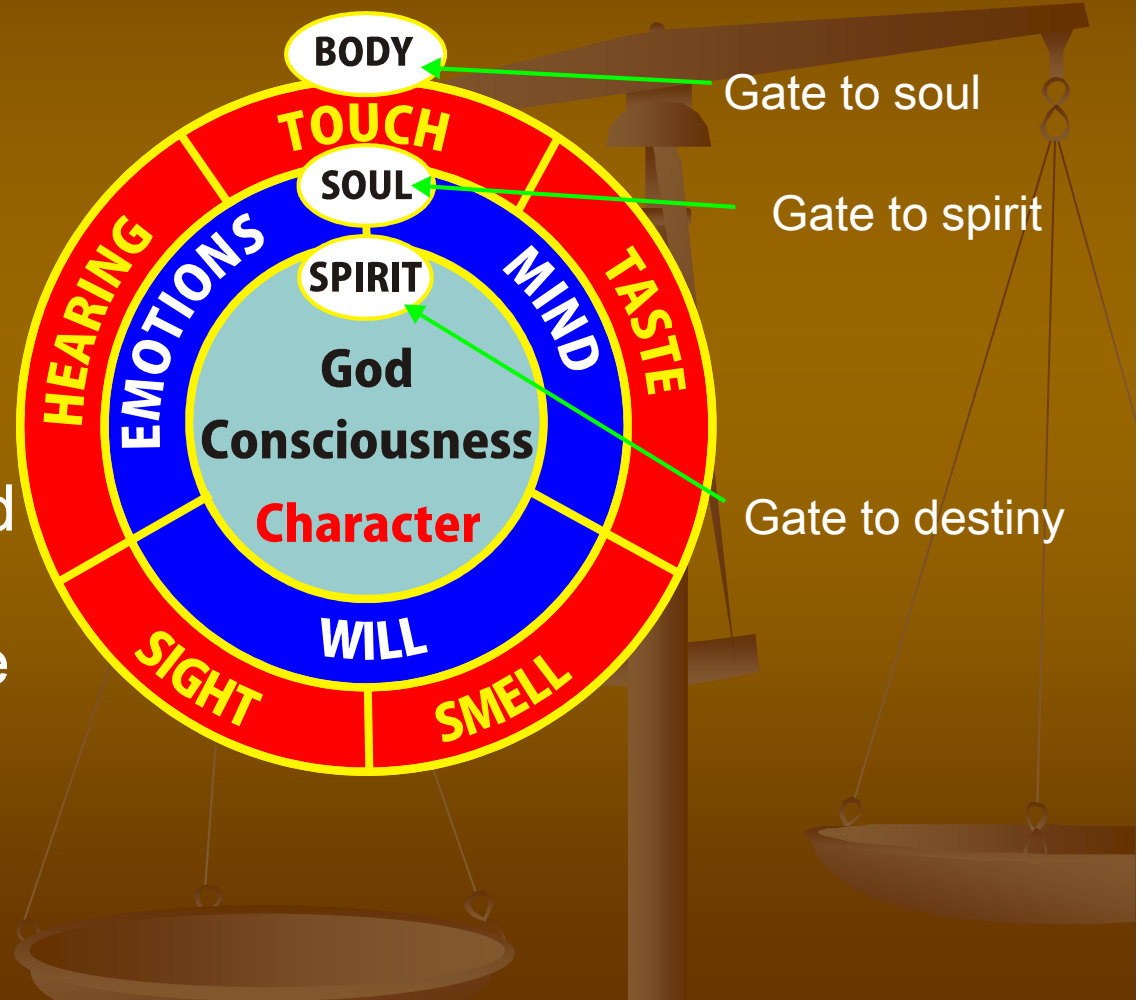
The Law of Responsibility & Privilege



- Privileges are the product of assumed responsibility.
- Assumed Responsibility earns:
 - Praise
 - Affirmation
 - Greater responsibility:
 - maturation process

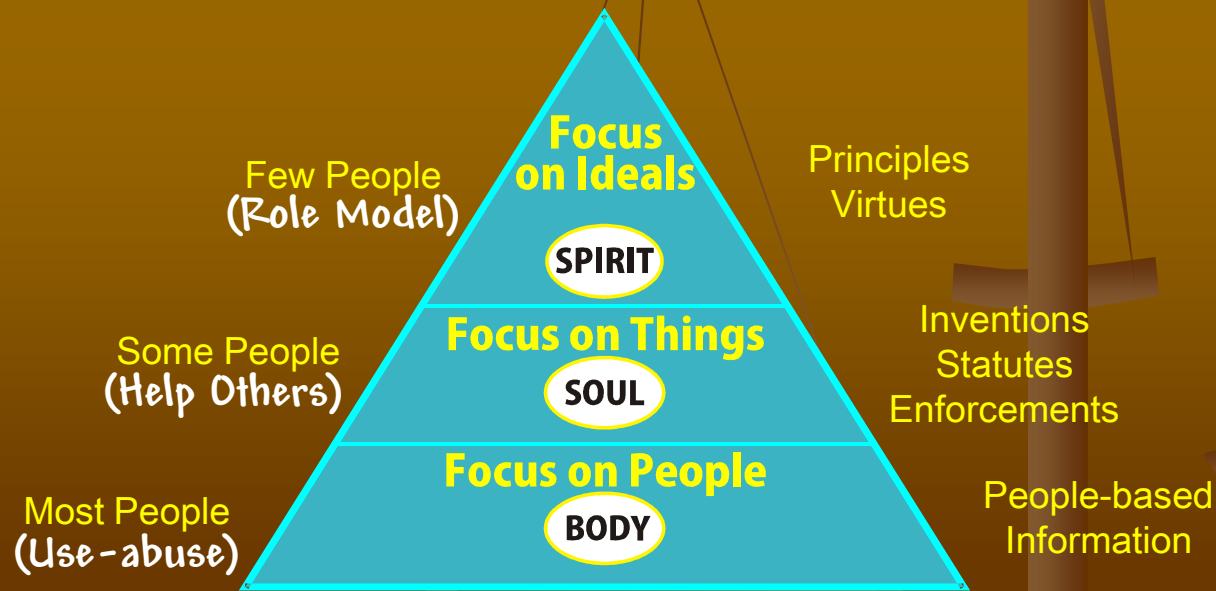
The Law of Human Composition

- Humans consist of interdependent components:
 - body
 - soul
 - spirit
- which are foundational to life style choices and achievement.
- These components are interdependent:
 - each impacts and is impacted by the others.
- 3 R's and a Big Hug



The Law of Noble Causes

- Focus on a noble cause tends to carry a person past temptations and acceptance of mediocrity.
 - Vignettes of noble persons instill a sense of identity with nobleness.
- Identification with a noble cause brings out the "best" in youth.
- Extra-curricular activities expand life options.



The Law of Percentage of Accountability & Restitution

- Conflict is avoided or resolved in direct proportion to acceptance of personal accountability for choices.



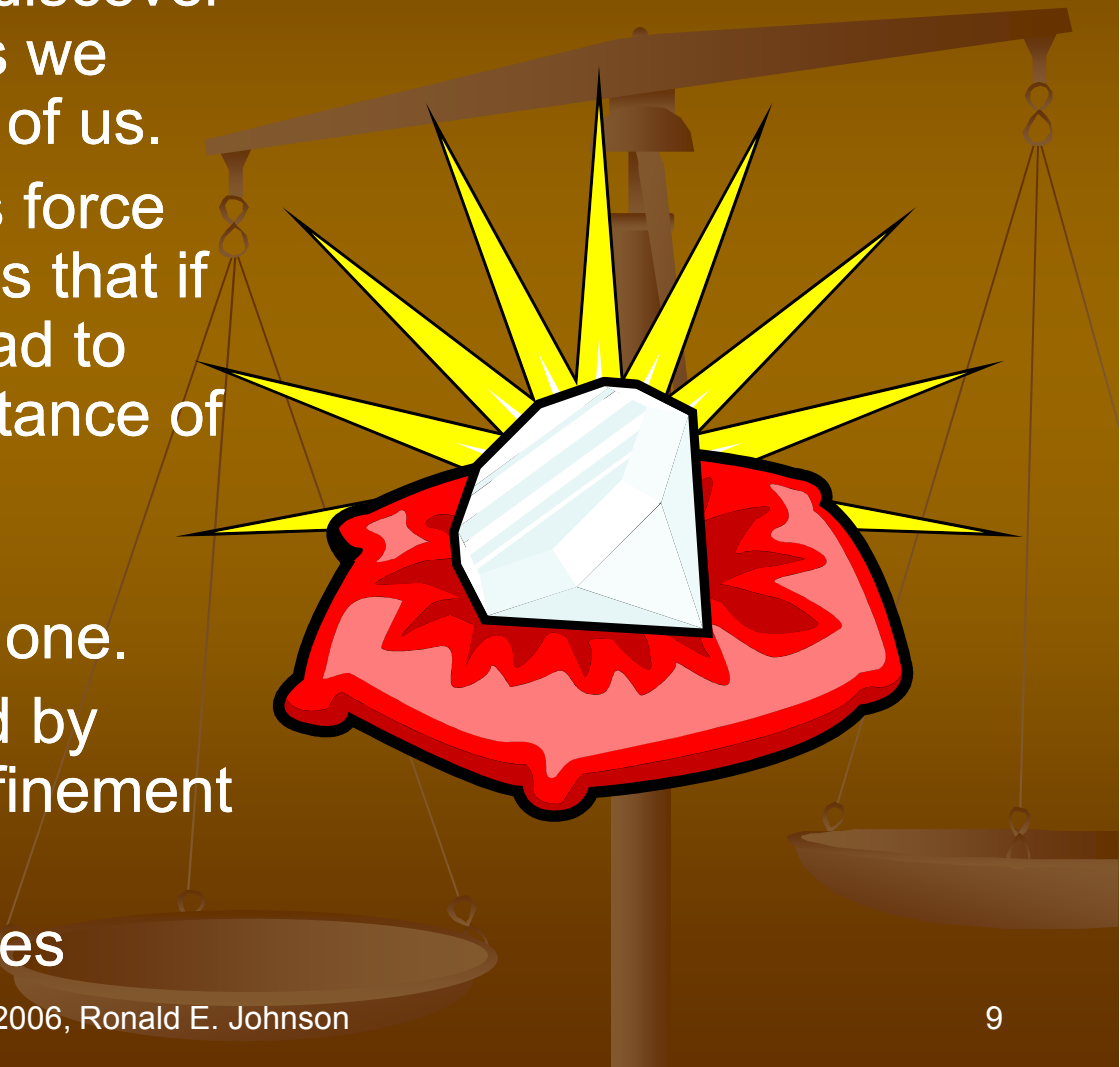
- Each gives account for his percentage of the conflict, then acts responsibly.

The Law of Admission, Apology & Forgiveness

- Resolution of conflicts and elimination of bitterness rest on admission, apology and forgiveness for personal actions by or against a person.
- Suppress pride to say "I'm sorry; please forgive me."
- Demonstrate humility/meekness to say "I forgive you for (specific abuse)"

The Law of Struggles

- Struggles bring out our best qualities and help us discover latent talents and gifts we didn't know were part of us.
- Critics and opponents force us to face weaknesses that if not conquered can lead to our downfall or acceptance of mediocrity.
- Competition against champions makes us one.
- Diamonds are shaped by abrasives/silver by refinement (see face).
- Perseverance accesses fulfillment



The Law of Fear-Hate

- That which we fear comes to pass if we dwell on it (thoughts).
- Fear steals creativity.
- Fear is overcome by faith and courage (to act in the face of fear).
- Formula for overcoming fear:
 1. Acknowledge it
 2. Face it down
 3. Conquer it (by replacing it with optimism)
- Fear affects judgment.

The Law of Cluttered Conscience

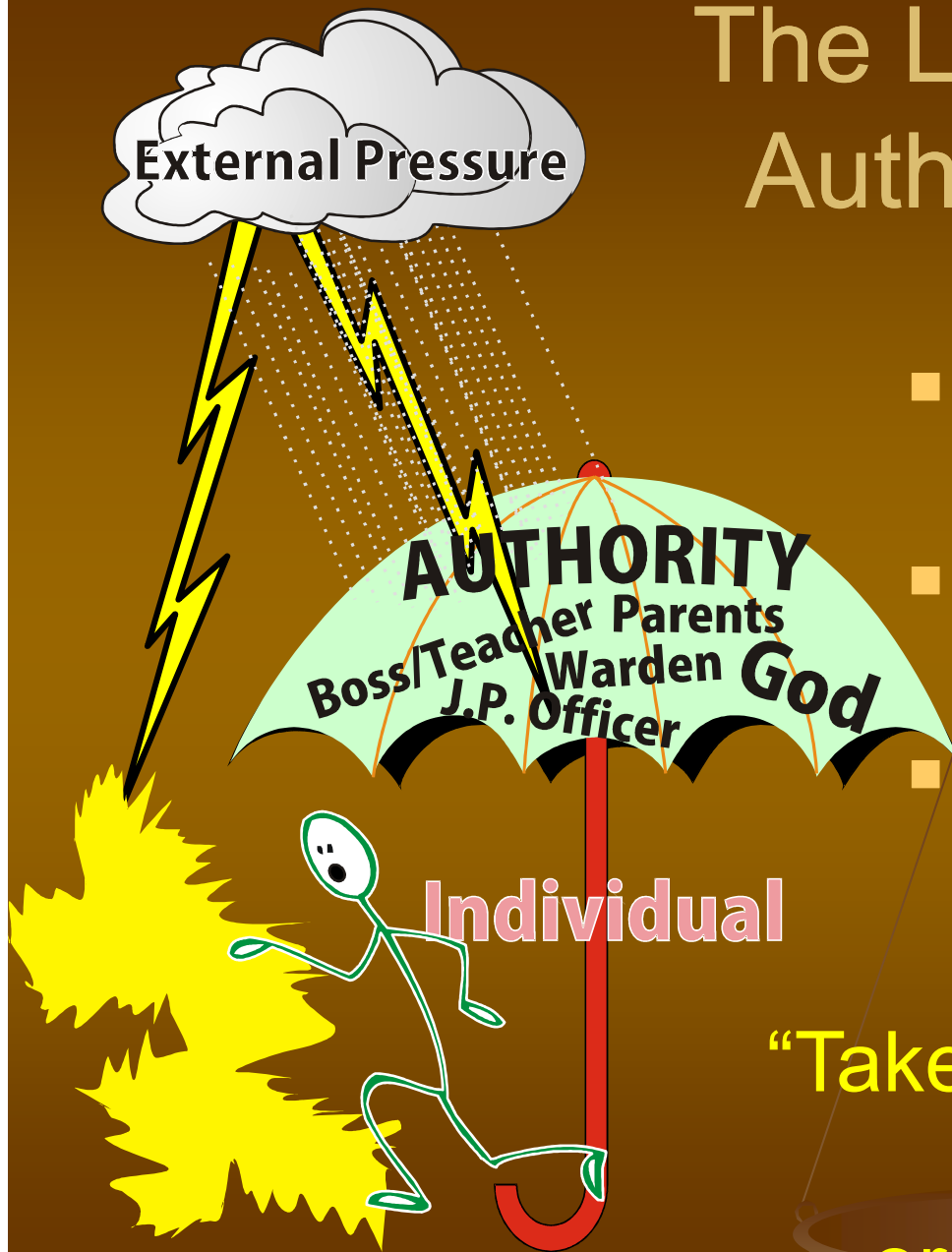
- Violations of the conscience distract ability to concentrate on recovery processes/tasks.
- Virtue is the strongest form of filter/prevention against soul clutter (guilt).
- Clearing the conscience of clutter rests on admission and a sense of forgiveness.

[NOTE: Faith-based groups seem to work effectively as sources for conscience-clearing.]

"The first step to stop negative lifestyle is to awaken the conscience by a person who cares."

—Ron Glodoski

The Law of Authority



- *Freedom means responsibility to survive.*
- Everyone is under authority.
- People who honor authority experience success, protection, and fulfillment.

**“Take responsibility for your
life
or someone else will.”**

The Law of Thinking

- Whatever feeds the mind shapes it.
- As a person thinks, so is he or she.
- Thoughts move people toward specific actions/temptations /habits/goals.
- Every act begins as a thought.
- Thoughts exercised repeatedly form habit.
- Habit determines character.
- Negative thoughts are neutralized or replaced only by positive thoughts which move the soul away from current negative thought patterns.



The Law of Cognitive Stages

- Acquired knowledge is foundational to understanding life, and wisdom is the product of virtue/character plus understanding.
- Youth exposed to virtues and principles incline toward wisdom.
- Success is attainable as people elevate their thoughts and values from people-focus to wisdom.
- Wisdom directs noble life purpose and expands life options.



The Law of Character

- Character determines destiny.
- Integrity is the basis of moral character.
- Integrity is the soul's commitment to do what is best for a noble cause in spite of physical circumstances.
- People of character live free of worry about consequences for bad choices.
- Character says “NO” to negative acts (which keeps the soul free of clutter).
- Character is enhanced or damaged by choices.

The Law of Words

- Words heard or spoken have power to shape life (self-image/confidence).
- What you say is what you get (self-talk: affirmative or debilitating).
- Words of affirmation elevate a sense of noble worth.
- Words of condemnation denigrate to low self-esteem.
- Words sooth or inflame conflict.

The Law of Motivational Temperament

- Every person has a temperament composition that motivates decisions about goals, careers and relationships.

Choleric <ul style="list-style-type: none">• ruler (bossy)• exact (intolerant)• projects (no frills)	Sanguine <ul style="list-style-type: none">• optimistic• fun/star/extrovert (careless) (irresponsible) (lack of commitment)
Phlegmatic <ul style="list-style-type: none">• peace maker (compromise)• laid-back (follower)	Melancholy <ul style="list-style-type: none">• ideals• serious (doleful)• creative (depressed)• perfectionist• introvert

[Every temperament has strengths and weaknesses that benefit or restrict achievements.]

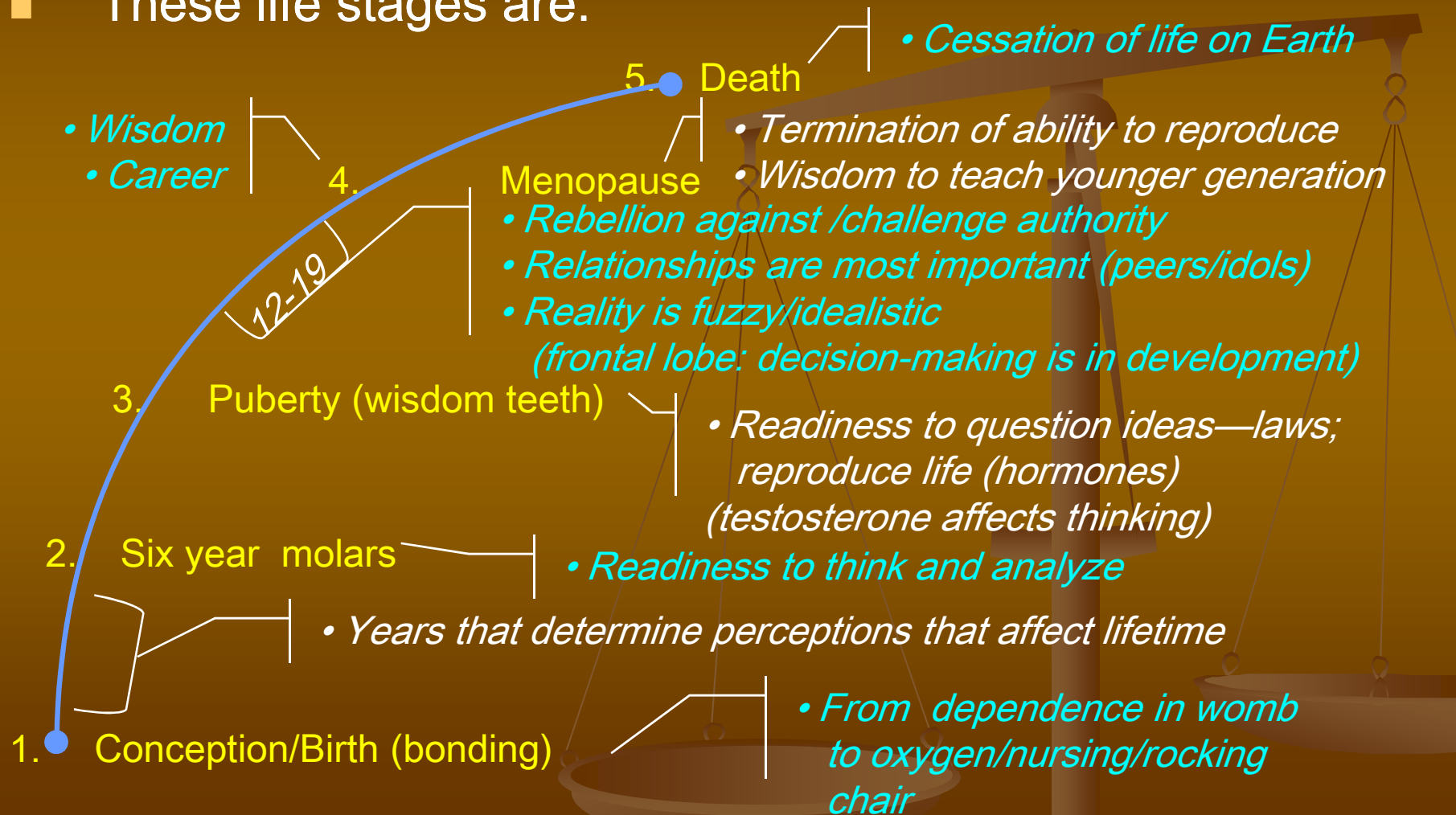
DNA="specialness"/uniqueness/purpose

The Law of Bonding

- Bonding is an essential human need. (prenatal) (recovery) (confidence)
- People who experience rejection (absence of bonding in womb/life) tend to be depressed, angry, purposeless, restless, and promiscuous.
- People who experience bonding tend to demonstrate a sense of confidence, meaning, self-acceptance and life purpose.
- Desire for bonding makes us vulnerable to predators.
- Appropriate touch is beneficial (hug therapy)
- Premarital sex is an attempt to bond, but it can't fill the deep longing because an illegitimate "lover" can't nurture the soul.

The Law of Life Cycles

- The human body experiences five basic *chemical* changes from conception through death.
- These life stages are:



The Law of Tough Love

- True love is giving a person what he/she needs without expecting personal benefits or privileges in return. (Love is not giving youth whatever they want).
- Love is sometimes expressed through instruction, correction, reproof, and/or discipline.
- Love requires helping a person realize/experience the consequences of choices while the person still has opportunity to adjust "thinking."
- Sometimes love is to put a person temporarily where he thinks he doesn't want to be so he can eventually get what he needs/wants in life.

"Look beyond my faults and meet my needs."

"Love me just the way I am."

The Law of Gratitude

- A spirit of gratitude initiates mental creativity to find solutions to present unfavorable circumstances.
- People who focus on what they have rather than on what they don't have tend to experience peace of mind, contentment, fulfillment of life message, and attainment of goals.
- People who willingly say "thank you" usually gain what they want in life.
- People without a sense of gratitude tend to develop a victim/abuser mentality.
- (Black Tie Swisher)

The Law of Sustained Choices

- People continue to exercise life style choices until confronted by authority and/or with alternatives which are perceived to be more rewarding than current practices.
- Recovery efforts require counselors to persuade clients to choose an alternative practice that holds the promise (hope) of a more fulfilling life style.
- Persuasion to change can occur through:
 - A. INTERNAL ACTION**
 1. Self-Assessment
 2. Repentance
 3. Obedience
 4. Responsibility
 - B. EXTERNAL ACTION**
 1. Restriction of choices/freedom to choose (authority)
 2. Punishment/discipline/confinement (negative reinforcement)
 3. Rewards/incentives (positive reinforcement)
 4. Shame (public exposure of acts) (fear of public ridicule)
 5. Conscience changed via:
 - a. Print
 - b. Electronic Media
 - c. Face-to-face dialog

The Law of Hope

- People can usually make it through tough times with hope.
- People take courage when supported by at least one other person.
- People hope for success when they know at least one person who cares.
- "Hopeless" people tend to recover when supported by people who instill hope.
- Hope: "Never Give Up"

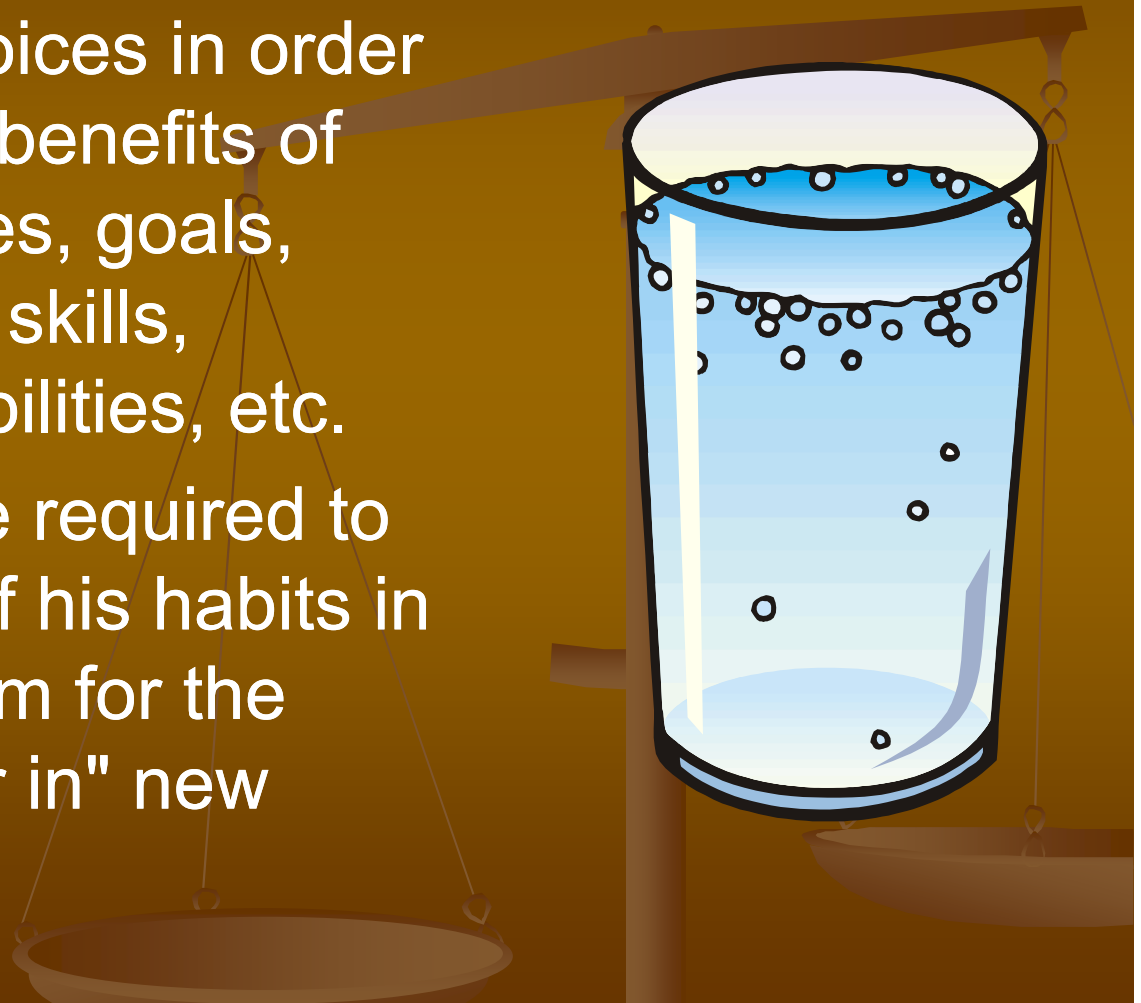
The Law of Fatherless, Widows & Strangers

- The measure of a nation is how it treats people in need (abused by external circumstances).
- National and personal security is determined by our treatment of the **fatherless** (boys without dads), **widows** (single parents moms), and **strangers** (other people groups).



The Law of the Empty Glass

- Recovery requires giving up some life style choices in order to experience the benefits of replacement virtues, goals, attire, academics, skills, wisdom, responsibilities, etc.
- The client must be required to "pour out" some of his habits in order to make room for the counselor to "pour in" new content.



The Law of Daily Planned Persistence

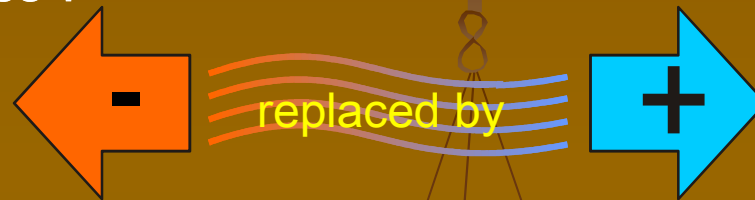
- Recovery or achievement begins today by finishing at least one definite increment toward a goal.
- From here to anywhere is by planned persistent steps.
- Persistence can be as simple as:
 1. To say "NO" to a negative thought!
 2. To finish a specific responsibility - Now!
 3. To walk away from provocation immediately!
 4. To express gratitude before sundown!
- Don't put off today what you are tempted to delay.

The Law of Opposite Intervention

- Negative thoughts/acts are neutralized by external opposite positive influences.
- A nurturing adult must demonstrate a patient grace (eyes, posture, words) while teaching the youth how to overcome “fatherlessness”:

Negative

Bitterness
Anger
Lust
Loneliness
Hopelessness
Purposelessness



Positive

Forgiveness
Grace
Virtue
Service to Others
Hope
A Purpose Driven Life

Recovery begins only when the external influence (authority) effectively persuades youth to desire opposite behavior (life style change little by little).

The Law of Tomorrow

- Circumstances operative today will likely escalate to be faced tomorrow unless confronted in some definitive recovery plan today.
- People who operate in a victim mentality seldom change their tomorrow; they keep repeating today's circumstances while blaming other people or conditions.
- Recovery begins with acknowledgment of existing circumstances, avoidance of victim mentality, and assumption of responsibility to look for solutions.
- Tomorrow begins today.

The Law of Eagles

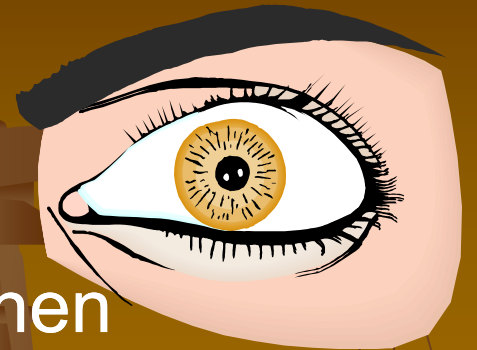
- Eagles soar with other eagles:
 - they don't peck with chickens,
 - squabble with turkeys or
 - drift with buzzards
- Eagles are majestic because they soar above common creatures.
- Recovery occurs when common associations are replaced with noble companions (role models in songs, books, media, real life) who inspire to greatness.

"Make yourself into the person you wish your dad had been."



The Law of Accountability

- People perform more efficiently when observed.
- Behavior that is observed changes.
- People tend to exercise self-control when they are held accountable for choices.
- Single parent moms need support from stable males who will hold youth accountable for abusive anger and actions (as well as schedules, activities, acquaintances, Internet, music).
- Wise people want accountability.



The Law of Honesty

- Honesty brings out your best qualities and character.
- Integrity is honesty to do what you should do and do what you say you will do.
- Honesty keeps the conscience clear which gives you confidence to be all you can be.
- Dishonesty damages credibility.
- Dishonesty is cowardly; fear of consequences of choices tempts us to modify truth to protect us.
- Dishonesty is expressed as:
 - Gossip (hurt others)
 - Flattery (impress others)
 - Lie (deceive others)
 - Theft (rob others)
 - Laziness (steal time)
 - Cheat on test (rob self)



The Law of Distinction

- You are wonderfully and marvelously made (DNA: designed for fulfillment)
- You are exactly you—a unique person of worth and value.
- Your distinctive qualities are displayed at their best when your life reflects virtue and purpose.
- Avoid negative music, art, attire, associates.
 - Literature and media that attempt to shape you into a common image—like everyone else.
 - Don't try to “discover yourself” by associating with people who dislike who they are.
 - Pattern your life after people who are fulfilled achievers (people who give of themselves to benefit other people).

The Law of Money

- Employers hire productive workers (not job seekers)
- Work is honorable.
- Work earns money (self respect)
- Money determines lifestyle
- 10-10-80 formula stabilizes lifestyle
 - earn—→
 - give 10%—→
 - save 10%—→
 - pay bills 80%
- Avoid debt: live on income
- Invest in self improvement to enhance career options
 - Self study programs
 - Seminars/training programs
 - College courses
- Possessions do not reflect success.

